

Summary of Results—July 1, 2004-November 15, 2004

Number of clients

Mother of baby—84

Babies—86

Number of visits—143

Initial—100

Follow-up—43

Number of telephone calls—360

Gender of clients

Mother of baby—84 Female Babies—39 Female; 47 Male

Age of clients

Mother of baby

Age	# of clts.	Age	# of clts.	Age	# of clts.
20	1	28	5	35	3
21	2	29	9	36	5
23	1	30	4	37	2
24	1	31	10	38	1
25	4	32	8	39	1
26	3	33	5	40	2
27	6	34	5	42	2

Baby

Age #	of clts.	Age	# of clts.	Age # of	clts.
Less than 1 wk.	10	Three weeks	8	Eight weeks	3
One week	30	Four weeks	5	More than 8 weeks	2
Two weeks	17	5-7 weeks	7		

Ethnicity—

Hispanic—10%

East Indian—5%

Asian—5%

African American—3%

Caucasian—77%

Number and types of referrals—

As of November 1, 2004, we began using a new referral form to better track referrals. Since then, three mothers were referred to their health care provider, two mothers to WIC, and two mothers to Sutter Mother's Outlet.

Prior to November 1, 2004,

26—Health care provider

4—La Leche League

6—Sutter Mother's Outlet

2—WIC

Applied to Auburn Indian Community without success Letter campaign mailed Educational conference planned for May 12 & 13, 2004

Working on pilot program for training nursing students which may lead to the possibility of an educational grant



Summary of Outcome Survey—11.15.05

Did you find your lactation consultant helpful and professional? 100% yes

Do you think this consultation improved your success in breastfeeding your baby?

95% yes

5% no

If not why?

Most comments equated lack of success in bf with lack of success in the consultation.

Do you now feel more confident in your knowledge of breastfeeding?

98% yes

How many consultations did you receive?

1—51%

2-33%

3—11%

4 or more—5%

How many times did you return just to weigh your baby?

0-68%

1—23%

2-5%

3—5%

Are you still breastfeeding?

100% (8 of 8) at 6 wks

71% (25 of 35) at 3-5 months

Did these services help you to breastfeed longer than you would have otherwise?

97% yes The one "no" said she was determined to breastfeed, no matter what.

If you are no longer breastfeeding, how old was your baby when you stopped breastfeeding?

<2 months—40%

3 months—60%

What were your reasons for no longer breastfeeding?

Insufficient milk

Too painful to breastfeed

Mother or baby became very ill

One of the things we learned was that many of the women who come for our services have medical reasons they may not be able to breastfeed. They may have had breast reduction surgery and be physically incapable of producing sufficient milk. One mother came after being treated for breast cancer, which included breast surgery, chemotherapy and radiation to the breast, all of which impacted her ability to breastfeed. While many of the women who seek our services could be compared to the general population of women who breastfeed, and thus their breastfeeding duration rates compared, there are a significant number of women who seek our services who do not fall into that category.

Would you refer a friend for these services?

100% yes

Did you use any other services on our resource list? Which ones?

The most common referrals (other than to health care providers) are to mother support groups such as Sutter's Mother's Outlet and La Leche League. Other common referrals include Buckle-up Baby, WIC and the Baby Bank.